

DANGLE YOUR SOUL AT *la Darbia*



La Darbia offers a small but exquisite selection of soothing massages.
Empathetic hands provide deep relaxation - welcome to seventh heaven!

RELAXING MASSAGE

Creating a sense of well-being and relax, this therapy reduces strain and tension.

DEEP TISSUE MASSAGE

The connective massage exerts a relaxing action on the muscles, counteracting stiffness, tension and contracture.

BIONERGETIC ANTI-STRESS MASSAGE

This Californian technique features a harmonious action, softened by fluid, slow, winding and very wide movements.

HEAD, NECK, AND SHOULDERS MASSAGE

Indicated for relieving stress on neck and shoulders and tone facial muscles.

REFLEXOLOGY

Foot reflexology is an alternative medicine technique, which involves the pressure and massage of specific areas of the foot.

30 min. 85 Euro | 50 min. 120 Euro

la Darbia SPECIAL :

AYURVEDA-MASSAGE 50 min. 140 Euro

This Ayurvedic massage technique aims to restore harmony to the body and promote general well-being. By stimulating the main energy centres, it provides differentiated and in-depth support for body and mind.

This massage is available only on Mondays in the morning after yoga or in the afternoon.

Indulge in moments of deep relaxation in the new treatment room at la DARBIA.
Please book your massage one day in advance at reception.

Cancellation is free of charge up to 6 p.m. on the day before the appointment, for later cancellations the full amount will be charged.